SAMPLE - YMCA Camp Sequoia Lake - LIT Week 1 Schedule - SAMPLE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
8:00-8:15	the Y YMCA	AM Inspiration (Campwide)	AM Inspiration (Campwide)	AM Inspiration (Campwide)	AM Inspiration (Campwide)	AM Inspiration	Wake Up	8:00-8:15
8:15-8:30		Breakfast	Breakfast	Cook Out Breakfast	Breakfast	Breakfast	Breakfast	8:15-8:30
8:30-8:45								8:30-8:45
8:45-9:00		Clean & Ready For Day	Clean & Ready For Day	Clean & Ready For Day	Clean & Ready For Day	Pack Cabins	Ready for Day	8:45-9:00
9:00-9:15		Camp Picture (Campwide)	LIT Shadow Units 1 & 2 Each LIT assigned to a Cabin; Assist and Observe	Return to Camp, Clean up & Get Settled Back In	LIT "Hiring Interviews" with Program Coordinator and Teen Unit Lead	Closing Ceremony & LIT Graduation (Campwide)	Shower/Laundry Time	9:00-9:15
9:15-9:30								9:15-9:30
9:30-9:45		Ropes Course & Rock Wall						9:30-9:45
9:45-10:00	CARING							9:45-10:00
10:00-10:15	HONESTY			Move/Reset				10:00-10:15
10:15-10:30	RESPECT			Give Them The Pickle! Customer Service Training by Teen Unit Lead				10:15-10:30
10:30-10:45	RESPONSIBILITY		Move/Reset			Check Out Time Stay with Assigned Staff	Free Choice	10:30-10:45
10:45-11:00			LIT Shadowing Debrief by Teen Unit Lead	Move/Reset	Beach Front Blast (Campwide)			10:45-11:00
11:00-11:15		Move/Reset		Giant's Ladder				11:00-11:15
11:15-11:30		E.D.G.E. Training by Director						11:15-11:30
11:30-11:45								11:30-11:45
11:45-12:00								11:45-12:00
12:00-12:15								12:00-12:15
12:15-12:30		Ready for Lunch	Ready for Lunch	Ready for Lunch				12:15-12:30
12:30-12:45		Lunch	Sack Lunch	Lunch		Lunch	Lunch	12:30-12:45
12:45-1:00								12:45-1:00
1:00-1:15		Free Choice/Siesta	Free Choice/Siesta	Free Choice/Siesta		Attend Weekly Staff Meetings Flip Cabins with Staff Move Belongings to new Cabin Assignment	Kayak Tour on the Lake	1:00-1:15
1:15-1:30								1:15-1:30
1:30-1:45								1:30-1:45
1:45-2:00								1:45-2:00
2:00-2:15	Check In	Waterfront & Boats	Lake Walk and Tour of Other Camp Programs	Water Rockets - Facilitated by LIT's for Unit 2				2:00-2:15
2:15-2:30								2:15-2:30
2:30-2:45								2:30-2:45
2:45-3:00								2:45-3:00
3:00-3:15								3:00-3:15
3:15-3:30								3:15-3:30
3:30-3:45	Orientation & Fire Drill	Move/Reset		Move/Reset	Snack/Break/Move/Reset			3:30-3:45
3:45-4:00		Waterfront (Help with Units @ Waterfront under direction of Guards)		Water Rockets - Facilitated by LIT's for Unit 1	Free Choice		Free Choice	3:45-4:00
4:00-4:15			Move/Reset					4:00-4:15
4:15-4:30			Handling Tough Situations with Youth by Program Coordinator					4:15-4:30
4:30-4:45								4:30-4:45
4:45-5:00							Weenie Roast & S'mores around the campfire	4:45-5:00
5:00-5:15						Get Ready Dinner		5:00-5:15
5:15-5:30	Get Ready Dinner	Get Ready Dinner	Get Ready Hike	Get Ready Dinner				5:15-5:30
5:30-5:45	Dinner	Dinner	Hike to & Cook Out at Camp Ground	Dinner	Dinner	Dinner		5:30-5:45
5:45-6:00								5:45-6:00
6:00-6:15								6:00-6:15
6:15-6:30	Teambuilding	Staff Expectations and Goals Training by Program Coordinator		Waterfront	Dance (Campwide)	Shower/Laundry Time	"You Are Now a Junior Staff" Training/Talk/Review w/ Camp Director & Program Coordinator	6:15-6:30
6:30-6:45								6:30-6:45
6:45-7:00								6:45-7:00
7:00-7:15								7:00-7:15
7:15-7:30								7:15-7:30
7:30-7:45								7:30-7:45
7:45-8:00	Opening Campfire (Campwide)	S'more Cookout (Campwide)	LIT Overnighter - Mission & Values Training Over Campfire by Camp Director	Talent Show (Campwide)	Closing Campfire (Campwide)	Movie Night		7:45-8:00
8:00-8:15								8:00-8:15
8:15-8:30							Games in the Dining Hall	8:15-8:30
8:30-8:45								8:30-8:45
8:45-9:00								8:45-9:00
9:00-9:15								9:00-9:15
9:15-9:30	Connections	Connections	Connections	Connections	Connections			9:15-9:30
9:30-9:45								9:30-9:45
9:45-10:00								9:45-10:00
10:00-10:15	Lights Out						Lights Out	10:00-10:15

This is a Sample Schedule for example only, actual schedules in camp may vary slightly based on the camp season, weather, number of campers, or other factors.