



## YMCA Camp Sequoia Lake 2021 youth camping operating Procedures

### Screening and initial response for camps and staff at residential camps

#### Screening

##### *Pre-Arrival Health Screening Documentation (Appendix 1)*

- We request that all campers and staff comply with all social distancing requirements of their home community prior to arrival.
- Families will be encouraged to fill out a pre-screening worksheet. Similar questions and tests are administered on drop-off and once a day to help screen for health issues related to COVID-19.  
*Appendix 1*
  - Self-monitor for **14 days** and conduct pre-screening activities such as:
    - Taking and recording their own temperature for 14 days before camp (refer to the individual instructions provided with the thermometer).
    - Self-screening for the presence of symptoms (fever of 100.4 °F or greater, cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, vomiting, etc.) within the past two weeks.
    - Determining if, within the past two weeks, the individual has traveled nationally or internationally.
    - Determining if the individual has been in close contact with a person who has been diagnosed with, tested for, or quarantined as a result of COVID-19.
- Anyone showing symptoms who had recent contact with a person with a confirmed or suspected case of COVID19 cannot attend camp until he or she is asymptomatic and tests negative for SARS-COV-2.

##### *Initial Health Screening (Appendix 2)*

- Camper drop off will take place on the meadow at the entrance to YMCA Camp Sequoia Lake. Camp families will be greeted at a drive through check in station where the camper will undergo the initial screening and all persons in the vehicle will also be asked our screening questions. (If anyone in the car does not pass the screening the camper will not be permitted to stay at camp. Drive through stations will be set up and will include:

##### *Daily Screening Procedure (Appendix 3)*

- Each cabin group will undergo a screening process with the camp nurse daily.

- Screening will take place prior to breakfast. During screening times all campers and staff MUST be wearing facemasks to ensure everyone's safety.
- These records will be recorded and maintained in a confidential file.

### *Response and management*

- Initial Quarantine
  - Place camper or staff member in isolation (Directors cabin in Millwood), and initiate COVID-19 Testing Protocol
- If COVID-19 Testing Protocol indicates a suspected case in a staff member or camper:
  - GSY Leadership team will be notified
  - On site RN will be consulted
  - Fresno Department of health will be notified
  - An interview will be conducted.

## Preventing the Spread

### **Camper and Staff interaction**

- Campers will be placed into pods (these pods will consist of the campers and staff within there cabin)
- Each pod will be able to interact with 2 other pods during their stay. The 3 pods (or cabin groups) will form a Unit (or cohort)
  - When interacting with others in your cohort you must follow at least 2 of the non pharmacological interventions that are listed: Wear a Mask / Remain 6 ft apart / Be outside
  - Each Unit (cohort) will be assigned program staff that will not interact with other units (cohorts)
- If, for any reason, multiple units (Cohorts) are required to be in the same location or interact with each other all 3 of the non pharmacological interventions (Wear a Mask / Remain 6 ft apart / Be outside) must be followed.

Please avoid shaking hands, bumping fist or elbows, and other physical contact.

### **Facilities**

Our facility is a summer seasonal only. We do not have Heating or Air.

- Buildings are configured in such a way that windows allow us to provide adequate ventilation
- All activities are done outside and there is very little use of buildings

#### *Main Building: Dining Hall*

- Hand sanitizer will be available at the entryway
- No people under the age of 16 are permitted in the dining hall without supervision
- Social distancing rules **MUST** be as followed
  - a) Masks to be worn at all times when inside any building including: craft shed, dining hall, bathrooms, store, etc..

- b) Every effort must be made to maintain a 6-foot distance from others
- Sanitization procedures will be followed every meal service
  1. Hand sanitizer will be available at every table this must be checked prior to every meal service
  2. Windows should remain open to provide adequate ventilation and air flow
  3. After every meal:
    - a) Wipe down entryways, tables, door knobs, microwaves, and other surfaces that we used
    - b) Sanitize with EPA recognized chemical (Re-Juv-Nal)
    - c) Allow to air dry

### *Bathrooms*

- No personal belongings should be kept in the bathrooms.
- Sanitation procedures will be followed everyday and record sheets will be displayed at entryways
  - a) Remove all mats and trash cans
  - b) Wipe down all surfaces to remove dirt and grim
  - c) Rinse all surfaces
  - d) Use EPA recognized sanitizing spray (Re-Juv-Nal) to spray all counters / walls / toilets / sinks / doors
  - e) Allow to air dry
  - f) Sweep and mop floor with PH7

### *Cabins*

Our cabins are rustic; they sleep anywhere from 8-9 people.

- Once campers are assigned to a cabin pod, they will remain in that pod for the duration of the camp session
- Cabins come with vinyl covered mattresses to allow for easy cleaning
- YMCA Camp Sequoia Lake just provides beds and mattresses – no bedding. Cabins are sanitized between each camp session.
  1. Windows left open for two hours prior to cleaning crew going in
    - a) Wipe down entryways and other surfaces
    - b) Sanitize with EPA recognized chemical (Re-Juv-Nal)
    - c) Allow to air dry

### *Around camp*

- Signage is posted at every communal building: Bathrooms / dining hall / craft shed / store/ kitchen
- Notices are posted at activity areas: Waterfront / Archery / Ramps
- Hand washing stations are spread throughout camp
- Hand sanitizer stations are at every entrance to communal buildings / program areas that do not have easy access to sinks

## Program Areas

### Aquatic Facilities

YMCA Camp Sequoia Lake has a lake for aquatic activities such as: Swimming / Fishing / boating. All aquatic protocols established by the Golden State YMCA and the American Red Cross will be followed.

- Extra signage and hand sanitizer has been added to the waterfront shed
- Unit groups will only be permitted to use the waterfront at designated times

### Archery

- Equipment will be sanitized after each use.
  - Wipe down bows and arrows with either lysol wipes or disinfectant sprays
  - If using disinfectant sprays bow and arrows will be air dried in the designated archery shed after each session
  - Target boards should be wiped down with disinfectant sprays or lysol wipes
  - Make sure the person using his/her equipment only grabs their own arrows and bow they are using to maintain a clean/safe usage.
- Providing spacing for each person as they wait until their turn.
  - Benches will be spread out to allow for physical distancing and adequate supervision
- At the end of the session make sure to sanitize both the equipment and maintain a clean storage shed.
  - This can be done by wiping down bows, arrows, target board with either lysol wipes or disinfectant sprays
  - When using disinfectant sprays, sprayed bows and arrows will be air dried in the designated archery shed
- Door knobs to the archery shed will be wiped down after opening the door and after the session equipment is placed inside along with picnic tables that are outside of the archery area.
  - Either lysol wipes, paper towels, or disinfectant sprays are to be left in the archery shed for the use of archery equipment. Make sure the cleaning supplies are not ever half way full.

### Hikes

- Hikes will be led by the unit leader.
  - Lead staff for the hike will have a first aid kit on hand.
- Hikes will be outside and practice social distancing or wearing a mask.
- Campers will be encouraged to bring their own water to stay hydrated.
- No personal belongings will be shared.

## **Evening Activities**

1. Campfire's and other all program gatherings.
  - a. Each program: traditional youth and Skate will have separate campfires
  - b. During the activities each individual unit will be separated by
  - c. All three non pharmaceutical interventions will be used
2. Challenge 1 / 2 /3
  - a. Only one unit will be permitted to participate in each challenge on a single night
  - b. Covid procedures for unit interaction will be followed

## **Craft Shed and Tie Dye**

- Crafting space and supplies are in an outdoor area
- Each camper will be given their time to grab all the supplies needed for the craft, and be provided with a space to complete their chosen project
- After each use of supplies such as crayons, color pencils, glue, etc. will be sanitized after each use.
  - This will be done with either lysol wipes or disinfectant sprays
  - Staff is to thoroughly clean wipe down supplies
  - supplies will be soaked and sanitized overnight in a tub
- Tie dye will be outside and sign ups will be taken prior in order to keep a head count and maintain social distancing during the tie dye process.
- Each person who chooses to tie dye will be asked to bring their own personal supplies
- Craft areas will be cleaned and disinfected with either lysol wipes or disinfectant sprays

## **Camp Store**

Store workers will be asked to wear a mask and/or gloves.

- Campers will be able to place orders through the window
- Markers will be placed on the floor to help maintain a physical distance of 6 ft
- Masks must be worn when interacting with staff in the store

## Food Service

Our food vendor JD Foods

- aim to send the same driver for all deliveries
- There drivers undergo a pre health check at the start of every shift
- Driver will have a certain drop off stop near the kitchen. In the back to maintain physical distancing.
- PPE is worn during delivery (Face mask and Gloves)
- Sanitizer wipes are always available to the driver

YMCA food service personnel will gain the necessary certifications to hold their positions.

Staff will follow the daily screening that is required by all employees.

During meal preparation if 6 feet distancing can not be staff must wear a face mask and change their gloves periodically.

- Campers will have assigned seating outside. No one will be permitted to eat inside
- Re-Juv-Nal will be available for cabin pods to wipe down their tables pre and post dinner
- Hand sanitizer will be available to every table
- Kitchen staff that are serving the food must be wearing gloves and a face mask.
- Food will be served on individual plates by food service personnel and the counselor will be responsible for delivering it to their cabin. Extra food will be placed onto a serving platter that will be placed on each table.
- A drinks station will be maintained outside on the deck with signs and hand sanitizer available and/or staff members will bring drinks to the designated family member..